



Oxford Parent-Infant Project Newsletter

March 2024

Welcome from our Joint CEOs

Dear Friends,

I'm delighted to have joined the Oxford Parent-Infant Project as Joint CEO and Executive Director in January, and on behalf of Helen and I, want to **thank you for your continuing support of this wonderful charity**. I've loved meeting all the staff and trustees, and visiting the sites around Oxfordshire where we work with families. I'll look forward to more dialogue and learning with you all as 2024 unfolds.

The whole OXPIP team would like to extend our warmest welcome to Liz Gamble, parent-infant therapist, who joined our team of clinicians in January.

You may have seen on our Twitter page that we are **supporting the Manifesto for Babies** convened by the First 1001 Days Movement and encourage you to do the same. The campaign calls on politicians to take action to address a 5-year decline in toddler development. You can read more [here](#).

If you didn't see it amidst all the Christmas and New Year celebrations, we launched our latest **Impact Report** in December, which details the impact of our specialist parent-infant therapy and outlines some of our other work. The report can be downloaded [here](#).

To coincide with the Oxford-Cambridge boat race next week, we're holding a **'Row, Row, Row your Boat' Fundraiser**. Find out about how you can get involved on the next page.

We hope you are enjoying the warmer, sunnier weather as much as we are, and wish you all a happy Spring.

Dr Karen Bateson
Joint CEO, Executive Director

Helen Callaghan
Joint CEO, Clinical Director



"The OXPIP sessions have been transformative for me. My OXPIP therapist has been so kind and astute in her observations which helped me acknowledge events in my childhood and how they may be impacting my experiences as a parent. Since speaking with my therapist, my confidence in my parenting skills have increased and when I face difficulties I am now often able to pin point why this is and work through it with the skills I've learnt in the sessions"

In this newsletter:

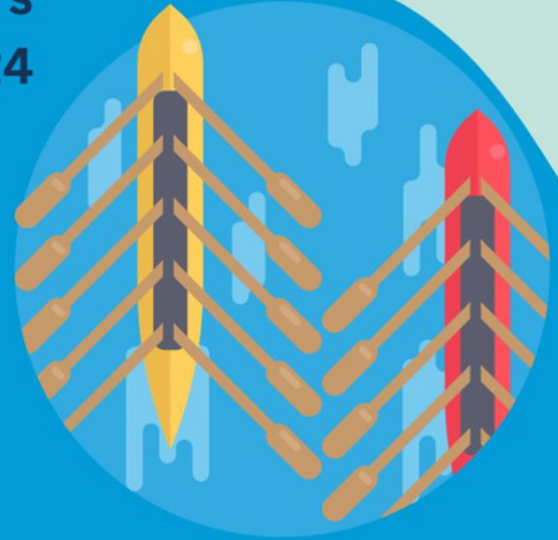
- Sign up to our Virtual 'Row Row Row Your Boat' Fundraiser
- Join us for our Summer Opera
- We are seeking a Minute Taker for our Board of Trustees



ROW, ROW, ROW YOUR BOAT

Oxford Parent-Infant Project's Virtual Fundraiser March 2024

How will you row, row, row to raise funds for OXPIP?



How will you 'Row, Row, Row Your Boat', alongside this year's Boat Race, to raise vital funds for OXPIP to offer specialist parent-infant therapy provision in Oxfordshire?

- **Rowing Machine Challenge:** Set yourself a rowing challenge
- **Singing 'Row Row Row Your Boat':** How many verses of this popular nursery rhyme can you and your little one sing?
- **Sew Whilst They Row:** If you're more a crafter than a rower, commit to a sponsored sew/knit/crochet whilst you watch the Boat Race
- **Cornrows in your hair:** Time for a new sponsored hair style this March?
- **Walk the distance of The Championship Course:** Set yourself a walking challenge the length of the Race

Be as creative as you can - we really appreciate your support!

Register your interest by Thursday 28th March.

[Register now >>](#)

Oxford Parent-Infant Project and New Chamber Opera present: Haydn's 'La Vera Costanza'



You are invited to join us for this year's Summer Opera.

The opera will be performed by the New Chamber Opera on Tuesday 2nd July 2024, in the Warden's Garden, New College, Oxford.

Timetable for the evening:

18.00: Drinks in the Cloisters

18.30: Opera Part 1 in The Warden's Garden

Picnic Interval in the Cloisters (approximately 90 minutes)

Followed by: Opera Part 2 in The Warden's Garden

22.15: Curtain

Tickets cost £44, including a pre-performance glass of wine.

50% of the cost of the tickets booked through OXPIP go directly to OXPIP.

Tickets are limited so they will be allocated on receipt of payment on a first come, first served basis. Please bring your own food and drink for the picnic; tables and chairs are provided.

We very much hope you can come and enjoy this wonderful evening with us.

[Book Now >>](#)

Clinical Work Update

As ever we continue to receive a large number of referrals and it is really encouraging how many people are self-referring. Whilst we aim to see people within 6-8 weeks, in some areas this has increased to 10-12 weeks over the last few months. Whilst waiting people are offered pre-therapy sessions where clinically indicated or when requested. All clients referred are contacted within five working days and offered an initial triage assessment.

As part of our **National Lottery Reaching Communities Grant** we had started a partnership project with the Red Kite centre in Thame. There is currently a vacancy but whilst we recruit Thame clients are being seen either on zoom or face-to-face if they can travel to one of our other project areas. We are also pleased that one of our therapists is now working at the St Clements Family Centre enabling us to build up our Oxford City provision.

Funding Update

OXPIP receives no statutory funding for its Parent-Infant Therapy provision in Oxfordshire and our projects are co-funded by Trusts, Grants and Private Funders and your donations. We rely on this financial support to deliver OXPIP's Parent-Infant Therapy free-of-charge to families throughout Oxfordshire and to reach all our communities. We are very thankful for their support and what their funding helps us achieve for Oxfordshire families.

We are very grateful to **Didcot Powerhouse Fund** for their award of £5000 this year. It will help us continue our specialist therapy provision to families in Didcot and surrounding villages. We are looking to connect with anyone who works at Moto Cherwell Valley Service Station who would be willing to nominate us for their community grant so that we can invest in services in and around the Cherwell Valley. If that's you, then please email us at info@oxpip.org.uk.



Upcoming Online Lectures and Seminars

As part of our training programme for parent-infant therapists, OXPIP organises lectures and seminars each year which are open to healthcare professionals:



OXPIP ONLINE LECTURE: DR CHRISSY JAYARAJAH

Perinatal OCD (Obsessive-Compulsive Disorder)

Friday 28th June 2024, 1-3pm, via Zoom

[Find out more >>](#)



OXPIP ONLINE WEBINAR: KATIE BAILEY, SENIOR PARENT-INFANT THERAPIST

'Building Relationships in the Antenatal Period - a collaborative model of care for the vulnerable, expectant parent and unborn baby, to promote the parent-infant relationship'

Friday 11th October 2024, 1-3pm, via Zoom

[Find out more >>](#)

Professional Training Delivery

We've seen an increase in requests for the delivery of our two-day Assessing Parent-Infant Relationships Training, and continue to run our short course programme including:

- Attachment and Intersubjectivity
- Watch, Wait and Wonder (an introduction)
- Parent-Infant Group Work
- Assessing Parent-Infant Relationships
- Ghosts in the Nursery

Please keep an eye on our website for more dates from the Autumn coming soon!

[Find out more >>](#)

Parent-Infant Therapist Diploma March 2025

We will soon be open for application for the next cohort on our Parent-Infant Therapist Diploma starting in March 2025. Click here to find out more about this training.

Our Parent-Infant Therapist Diploma is for professionals who have a recognised professional clinical registration in psychotherapy, psychodynamic counselling, psychology or arts therapies.

The training will:

- Develop skills as parent-infant therapists
- Draw on a range of theories: psychoanalytic, attachment, inter-subjectivity and neuroscience
- Provide a time to present clinical work verbally and as details process notes
- Require trainees to keep a reflective journal as part of the ongoing assessment
- Gain experience of providing consultation, where appropriate, to early-years professionals in their placement or work-setting
- Include group supervision and group process, in addition to the teaching sessions

To register your interest in this training or request a phone call ahead of application, please do so via the link below.

[Register your interest here >>](#)

We are seeking a Minute Taker for our Board of Trustees



We are seeking a Minute Taker for our Board of Trustees!

As a self-employed Minute Taker, you will attend our Board of Trustee meetings in person four times a year to take contemporaneous notes and type up minutes. Attendance at the meetings should last around 2 hours during which the Minute Taker will be expected to take detailed minutes and action points. Following the meeting, you will be required to transcribe the minutes into the set format provided, and submit them to the Executive Director within one week.

Hours: 4 hours per meeting, 4 meetings a year usually - 3 this year, starting 20th June

Location: Kidlington, Oxfordshire

Salary range: £15 per hour

Note: Due to the sensitive content discussed in OXPIP Trustee Meetings, we cannot employ anyone already known to a member of paid staff. Please do pass this on to anyone who you think might be suitable.

Application Deadline: 23rd April at 5pm

Interviews: 1st May in our offices in Kidlington

[Find out more >>](#)

We'd like to hear from you!

We are keen to know what you, our supporters, **are interested to read about** in our Newsletters, and especially **what you have enjoyed reading.**

If you have **any suggestions for new topics** you would like to see us include, please email info@oxpip.org.uk.

We look forward to hearing from you!



About Us

Celebrating 25 years of Parent-Infant Therapy Provision in Oxfordshire 1998 - 2023

The Oxford Parent-Infant Project (OXPIP) works with families from conception to two years with issues that may impact on their relationship with their baby. We offer intensive therapeutic help to parents and infants in and around Oxfordshire. This parent-infant psychotherapy, a form of early intervention, considers the emotional health of the infant as well as that of the parent. We work with parents and infants together to boost parental confidence and help the parents understand the needs of the baby. We also offer training and consultancy to professionals on attachment theory and infant mental health, and work with others locally and nationally to promote the importance of very early intervention within policy and practice. Our Parent-Infant Therapy is offered free of charge, so we welcome any donations to help us continue our work.



Oxford Parent-Infant Project
oxpip.org.uk
@oxpip

Registered Charity 1109956
Registered Company 5410167