



OXPIP NEWSLETTER

Oxford Parent-Infant Project

Autumn/Winter 2019

Welcome to OXPIP's Autumn/Winter newsletter.

Local Update



We have settled in well to our new bases for our therapy in Rose Hill Primary School in Oxford City and The Carousel Centre, formally the South Abingdon

Children's Centre. Two of our Associates have also started to see clients at the Kidlington Baptist Church on a Wednesday. We have established good links with the organisations who host us and are pleased to be able to expand our services across Oxfordshire.

National Update

In October, PIPUK changed their name to Parent-Infant Foundation, to mark a change in strategy for the organisation. They now focus on supporting the development of parent-infant relationship services within existing funding structures. They hope this will enable faster development of more services. They are working with the existing 29 parent-infant teams including OXPIP, to support learning and quality improvement in the whole sector. We look forward to working with them in this new strategy.

As part of this development, OXPIP were involved in the production of the Parent-Infant Foundation's **Rare Jewels Report**, which explains what specialised parent-infant relationship teams are and why they matter. The report describes parent-infant teams, like OXPIP, as 'rare jewels' because they are small, scarce but hugely valuable. It set out an ambition for specialised parent-infant teams to be available across the UK in the next 10 years, able to support all families in need. The report is available to read via their website: www.parentinfantfoundation.org.uk

"The use of video and photos of myself with my baby was surprisingly enlightening and made a big difference in how I viewed my relationship with my baby and my own capacity to be with her as the positive mother I wanted to be" - OXPIP Client

Fundraising Highlights

We have had a fantastic year as **Frilford Heath Golf Club Captain's Charity of the Year**. The auction that they held raised over £7,500 – huge thanks to all involved. Look out for the final amount raised in our next newsletter. Thanks again to Captain Andrew Olley for choosing us as your charity!

On Sunday 13th October a team of six volunteers ran the **Oxford Half Marathon** for OXPIP. Together they raised over £3,500 including gift aid. Congratulations to them all!

Thank you to all who joined us for our **Summer Opera, Oxford** by New Chamber Opera at New College, Oxford. The beautiful weather allowed for us all to enjoy the performance of 'Il Pastor Fido' in the Warden's Garden and to feast on impressive picnics. We are extremely grateful to NCO for continuing to support us through this annual event.

Team News

Whilst our Clinical Director Helen Callaghan has been away, we have been pleased to welcome back Dr Karey Taylor as Acting Clinical Director. Karey has worked for OXPIP in the past as a



parent-infant therapist and is highly experienced in the perinatal psychiatric and therapeutic fields. We are extremely grateful for Karey's help and are pleased to now welcome Helen back to the team.

Trustee News

In June OXPIP had to say goodbye to Peregrine Riviere who had been a trustee since March 2017. We would like to thank Peregrine for all he contributed to the charity, particularly his efforts with fundraising.

Looking ahead...

During the past year over 150 new families have accessed OXPIP's specialist therapeutic support.



We continue to establish our work in The Leys to enable our services to reach families on the estate, thanks to the money raised as part of our Big Give Christmas Challenge campaign. We are extremely grateful to all who donated.

We plan to continue to expand our services to reach those in need across Oxfordshire.

Updated Strategic Plan

In July we spent some time reviewing our Strategic Plan, taking into account recent changes and demands on staffing. We recognised that some ambitions had to be put on hold in order to keep the parent-infant work at the centre of what we do. Watch this space!

How can you support us?

We are registered for Amazon Smile, which means that if you shop through smile.amazon.co.uk and chose OXPIP as your charity, Amazon will donate a percentage of the purchase price to OXPIP. This does not impact your way of shopping on Amazon, but it is a simple way to support us. Visit our website for more details or search for 'Amazon Smile' on your browser.

Training Delivery



Over the past year we have delivered training to a number of teams both nationally and locally. We have recently delivered to Flying Start, Cardiff and NHS South West

and are running a bespoke parent-infant practitioner training for Brighter Futures for Children, Reading. Our short courses are being held at the Kidlington Methodist Church, allowing us to take a bigger cohort. The courses are now full until the end of the year, with some groups booking multiple places, such as Parent Infant Mental Health Service, Essex.

We continue to run our public lectures on Friday afternoons, with speakers including Dr Sebastian Kraemer, Dr Sarah Sutton and Tessa Baradon. Keep an eye on our website for our dates and speakers for next year.

Our Associates who began in January are well into their clinical placements with us now and once these have been completed, they will be invited to write their final paper and finish the course in March. We look forward to what the futures holds for each of them and thank them for all they have done during their placements.

"All very useful and informative, the trainers were excellent, clearly knowledgeable and their passion for the subject came across and made it very interesting. The use of videos to demonstrate issues were also very useful and thought provoking"

– Trainee



OXPIP offers intensive therapeutic help to parents and babies in and around Oxfordshire, from conception to two years. This short-term parent-infant psychotherapy, a form of early intervention, considers the emotional health of the infant as well as that of the parent. We work with parents and infants together to boost parental confidence and help the parents understand the needs of the baby.