

## **OXPIP Parent-Infant Therapist**

## Job Description

As an OXPIP Parent-Infant Therapist, you will provide parent-infant therapy for parents and babies under the age of two. You will work as part of the OXPIP clinical team and participate in weekly meetings. You will need to liaise with other professionals and may also be asked to deliver training and presentations to internal and external stakeholders.

Parent-Infant Therapists work as part of the OXPIP Team and participate in weekly team meetings on a Wednesday.

Role Title:	Parent-Infant Therapist
Location:	Oxfordshire
Base:	Main OXPIP office, Kidlington, with satellite project bases across the County
Responsible to:	CEO/Clinical Director
Liaison with:	Within OXPIP: • CEO/Clinical Director
	OXPIP Clinical Team
	<ul> <li>OXPIP Office Team – Operations Manager/Office Co-ordinator, Development and Finance Manager, Administrator</li> </ul>
	OXPIP Freelance Clinicians
	Outside OXPIP: • Referring Agencies (GPs, Midwives, Health Visitors, Social Workers, Community Mental Health Teams)
	Relevant Statutory Organisations
	Relevant Voluntary Organisations
Main Purpose of the Role:	To provide individual and group-based parent-infant therapy for parents and babies from conception to two years of age. To provide consultation and training to health/social care professionals and other staff.



Main Activities:	<ul> <li>Weekly parent-infant therapy sessions which will include both individual dyadic/ triadic work and group work</li> </ul>	
	Maintaining clinical records	
	Using case management system	
	• Liaison and consultation with professional colleagues both within and outside of OXPIP	
	Ensuring safeguarding of children and vulnerable adults	
	Promoting OXPIP, and the awareness of parent infant mental health	
	Attending regular supervision	
	<ul> <li>Attending clinical meetings and other OXPIP meetings and events as required</li> </ul>	
	Delivering training and awareness raising sessions as required	
	Reporting to the CEO, Clinical Director	
	• Ensuring the organisation continually operates within relevant legal requirements, including the Data Protection Act and Health and Safety Regulations	
	Other duties in line with the job purpose	
Education, Experience and Other Abilities:	<ul> <li>Psychotherapist/counsellor/psychologist who is registered with UKCP, ACP, BCP, BACP, BAP, HCPC or who has a qualification in a related core profession</li> </ul>	
	<ul> <li>Knowledge and understanding of psychoanalytical, infant mental health and attachment theory</li> </ul>	
	Experience of baby observation	
	Experience of psychodynamic/psychoanalytical personal therapy	
	Clinical experience of working with the parent/infant relationship	
	Ability to facilitate a therapeutic group for parents and babies	
Conditions of	<ul> <li>15-22.5 hours per week – hours and days of work may be negotiable</li> </ul>	
employment:	• Salary range of £34,000 - £40,000 per annum (full-time equivalent for a 37.5	
	hr/week post) on a pro rata basis	
	<ul> <li>Annual leave 30 days per annum pro rata + statutory holidays pro rata</li> </ul>	
	Pension, employer contribution 3%	
	<ul> <li>All therapists receive supervision, line management and clinical support</li> </ul>	
	regarding their client work. Statutory training is also provided. Further CPD	
	opportunities are also available	



## Person Specification: Parent-Infant Therapist

Requirements	Essential / Desirable	Method of Assessment		
Qualifications				
Relevant Professional Qualification – e.g. psychoanalytic psychotherapy/ psychodynamic counselling or clinical psychology training or other relevant training.	Essential	Application		
Accreditation with a professional body	Essential	Application		
Experience				
Relevant therapeutic experience post qualification	Essential	Application/Interview		
Clinical work in parent-infant mental health field	Desirable	Application/Interview		
Understanding of infant mental health, attachment, and child development	Essential	Application/Interview		
Infant observation	Desirable	Application/Interview		
Experience of working with families	Essential	Application/Interview		
Knowledge, training and understanding of safeguarding children and vulnerable adults	Essential	Application/Interview		
Delivering training and presentations	Desirable	Application/Interview		
Skills				
Psychoanalytic/psychodynamic therapy/counselling	Essential	Application/ Interview		
Consultation and training for professionals	Desirable	Application/ Interview		
Ability to facilitate a therapeutic group for parents and babies	Desirable	Application/Interview		
Computer literate with reasonable ICT skills	Essential	Application/Interview		
An organised approach and excellent time management skills	Essential	Application/Interview		
Flexible and able to use own initiative and work autonomously	Essential	Application/Interview		
Maintain confidentiality	Essential	Application/Interview		



Other		
Full, valid driving licence	Desirable	Application
Can provide own transportation	Desirable	Application
Able to travel to satellite areas around Oxfordshire and to off- site meetings when necessary	Essential	Application
Able to work as part of a team	Essential	Application/Interview