



OXPIP NEWSLETTER

Oxford Parent-Infant Project

Spring 2019

Welcome to OXPIP's Spring 2019 Newsletter.



We are delighted to announce that we are **Frilford Heath Golf Club Captain's Charity of the Year**. Congratulations and thanks to 2019 Club

Captain Andrew Olley for choosing us as his charity. We were warmly welcomed as part of the Captain's Drive In on Sunday 27th January and look forward to working with the golf club this year on various fundraising activities. There will be a Pro-Am on 26th May – please see our website if you would like to play or support this event: www.oxpip.org.uk

This year OXPIP will continue our work to raise awareness and understanding of parent-infant mental health and attachment. We are partnering with the new community-led family services that have been set up across Oxfordshire, since the Children's Centres closed, in order to re-establish access to services for some of the most isolated and vulnerable families. In particular, we hope to expand in South Oxfordshire, the Vale of the White Horse and Banbury. We have also established two new bases for our therapy: Rose Hill Primary School in Oxford City and the Carousel Centre, formally the South Abingdon Children's Centre.

"I definitely feel my son and I have more trust in each other and can find comfort in each other's space"



Team News

In recent months we have had a few changes in our clinical team. Two of our clinicians have retired: Jan Tomlinson, in December and Hilary Wright in March. We would like to take this opportunity to thank them for all they have done for OXPIP. Katie Bailey has joined our clinical team from NorPIP, who previously did her Parent-Infant Therapist training with us. It is great to have Katie back on the team.

Fundraising Highlights

The Big Give Christmas Challenge

We were overwhelmed by the generosity of all those who donated as part of this appeal. We raised over £10,000 which will go towards our work on The Leys estates in Oxford.



Our 'My Baby and Me' work enables OXPIP's specialist Parent-Infant Therapists to provide the earliest, supportive intervention to some of the most disadvantaged families in the City.

Training Commissioning

Our training is increasingly gaining nationwide recognition for its specialism and expertise. We are receiving requests to deliver our various courses to new perinatal mental health teams all around the country. We have delivered recently to Lancashire Care NHS Foundation Trust and Clear Sky and are booked to do so for several organisations such as NHS East of England, NHS South West and Brighter Futures for Children.

Updated Governing Documents

In January, OXPIP members met to approve changes to our Articles of Association. The proposed changes have modernised the governing document and better reflect the work of OXPIP. These can be downloaded from our website: www.oxpip.org.uk/documents

Looking ahead...

During the past year over 200 new families have accessed OXPIP's specialist therapeutic support across Oxfordshire. This year we will continue to grow and develop in line with our ambition for OXPIP services to be available to families in need across the whole of Oxfordshire.

We are in the process of developing our work with families and babies affected by adoption, fostering and those in the care system.

We have just started working with a Digital Marketing Agency to help us design and launch a new website – watch this space!

How can you support us?

**OXFORD
HALF
13.10.19**

Oxford Half Marathon

We have secured five places on the Oxford Half Marathon on Sunday 13th October.

Please email info@oxpip.org.uk if you are interested in running to raise funds for OXPIP.

The Summer Opera, Oxford

Please join us for a performance of 'Il Pastor Fido' by Handel by the New Chamber Opera on Tuesday 9th July, in the Warden's Garden,



New College, Oxford. As always, this will be a delightful evening as well as a significant fundraiser for OXPIP and we are extremely grateful to NCO for continuing to support us through this annual event. To book tickets, visit our website: www.oxpip.org.uk/events

Training



OXPIP delivers a highly regarded programme of specialist training and public lectures which attracts professionals from across the UK. We also offer specialist clinical consultations, presentations and are engaged in policy development.

In August 2018 we secured £50,000 from local Step Change investment funding to develop and grow our Training and Consultancy Service to create a sustainable income stream for the charity.

Our short courses for professionals continue to be well received. For our Ghosts in the Nursery training in March we had to find a bigger venue in order to accommodate the level of interest, and it seems likely this will continue to be the case.

In January we began our Associate Training on which we have three Associates. This is a 15-month post qualification training in parent-infant psychotherapy and the Associates undertake a placement with us along with seminars, supervision and participation on our short courses. We are looking forward to working with them.

We are excited about developing our training programme both internally and externally, in order to continue to train and work with other professionals and raise the profile of OXPIP and the importance of perinatal and infant emotional and mental health nationally.

"I found all aspects of this course useful to my clinical work. They pulled together different ways of working with parents and infants and young children and provided a context and framework for this work. I thought the facilitator was very experienced and knew her area of work extensively and that she was very generous in sharing her knowledge and modelled a thoughtful sensitivity that was inspiring - something to aim for"



OXPIP offers intensive therapeutic help to parents and babies in and around Oxfordshire, from conception to two years. This short-term parent-infant psychotherapy, a form of early intervention, considers the emotional health of the infant as well as that of the parent. We work with parents and infant together to boost parental confidence and help the parents understand the needs of the baby.