



OXPIP

Oxford Parent
Infant Project

Training Courses

“ The most incredible experience;
informative and invaluable beyond words! ”



www.oxpip.org.uk/training

Short Courses



All our training courses are endorsed by APPCIOS and contributes towards APPCIOS accreditation.

Attachment Theory

1 day

Understand the basics of the parent-infant relationship and the importance, process and impact of attachment in a child's early development.

Watch, Wait and Wonder (an introduction)

1 day

Explore the theory underpinning this practice and develop understanding about how to help facilitate parents' capacity to observe, recognise, and understand their child's play.

Assessing Parent - Infant Relationships

2 days

Increase confidence in identifying parent-infant relationships at risk, capacity to change and when to signpost to other services. Identify parental behaviours which contribute to infants developing disorganised attachment and reflect on what might lie behind them.

Ghosts in the Nursery

1 day

Consider the impact on unresolved issues from the parent's past on their relationship with their baby. Reflect on what we as professionals bring from our own histories to our relationships with our clients.

Emotional Regulation in Pregnancy

1 day

Increase awareness of the emotional challenges involved in transitioning to parenthood.

Parent-Infant Group Work

4 days

Discover how to facilitate parent-infant groups confidently, safely and effectively, using Video Enhanced Reflective Practice in small supervision groups.

Supervised Contact

1 day

Further develop skills in liaising with and supporting children, foster carers, and birth parents pre- and post-contact visits. Explore the issues of separation and loss, particularly around 'final contact'.

“ Everything taught was helpful, from beginning to end ”

Extended Courses

The following courses run over an extended period of time and are for those currently working in early years settings who are looking to further develop their professional understanding of parent-infant therapy. All our training courses are endorsed by APPCIOS and contributes towards APPCIOS accreditation.



Infant Observation

12-24 months

- Opportunity to observe a mother-baby pair for at least one year
- Learn the discipline of observing in order to enter the baby's world and see what is going on for the child within the family, particularly in relation to the mother
- www.oxpip.org.uk/infant-observation

Parent-Infant Practitioner

12 months

- Gain an overview of understanding parent-infant relationships and infant development
- Draws on psychoanalytic and psychodynamic theory as well as theories of attachment, inter-subjectivity and neuroscience
- Opportunities to present cases for discussion and develop one's own reflective practice
- www.oxpip.org.uk/pip

Associate Programme

15 months

- Post-qualification training in parent-infant psychotherapy, suitable for accredited therapists or health professionals such as psychotherapists, counsellors, clinical or educational psychologists and art therapists
- Develop skills in engaging and working with parents and babies presenting with a wide range of issues, as well as networking with professionals
- Draws on a range of theories: psychoanalytic, psychodynamic, attachment, inter-subjectivity and neuroscience
- Includes OXPIP clinical placement, individual supervision, teaching seminars and short courses
- www.oxpip.org.uk/associate

“Lovely pace by two very professional and personable teachers who model a very humble and approachable stance that invites candid discussion”

Public Lectures

Join us for our lectures which are open to healthcare professionals and members of the public:
www.oxpip.org.uk/public-lectures

OXPIP Training Voucher

Considering attending several of our training days and public lectures? Enquire about purchasing our Training Voucher for a discount.

Bespoke and in-house

We can deliver a wide range of our courses specifically for your organisation. Call us to discuss how we could work with you.

“ I found all aspects of this course useful to my clinical work. They pulled together different ways of working with parents and infants and provided a context and framework for this. I thought the facilitator was very experienced and knew her area of work extensively and that she was very generous in sharing her knowledge and modelled a thoughtful sensitivity that was inspiring - something to aim for. I would have no hesitation in recommending this course ”



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Suite J, The K Centre
Kidlington, Oxford
OX5 2DL

01865 778034
www.oxpip.org.uk
[@oxpip](https://twitter.com/oxpip)

OXPIP is a national leader in specialist training and consultancy to professionals, as well as working with others to build awareness, support and capacity for infant and perinatal mental health.

We offer intensive therapeutic help to parents and babies in and around Oxfordshire, from conception to two-years.

Our clinical team are specialists in parent-infant work. They have all previously trained as counsellors, psychotherapists or clinical psychologists with training in psychoanalytical and psychodynamic work. Many also have professional training as social workers, health visitors and midwives.